

# **Barrie Jaguars Minor Rugby Program**

AGE GROUPS	<b>REGISTRATION FEE (2019)</b>	BIRTH YEARS
Under 7	\$280 (House league)	2012 or later
Under 9	\$280 (House league)	2010 and 2011
Under 11	\$280 (House league only)	2008 and 2009
Under 11	\$375 (House league & Contact)	2008 and 2009
Under 13	\$290 (House league only)	2006 and 2007
Under 13	\$395 (House league & Contact)	2006 and 2007

#### House league flag rugby (non-contact)

Our base offering for all players is our local house league play which is co-ed and non-contact. House league runs from the beginning of May until the end of June every year. The U7, U9 flag rugby players and the u11 contact rugby teams attend various flag rugby festivals in the province which take place on Saturday or Sunday mornings where they play games against other clubs in the province. Barrie hosts one of these festivals every year.

No prior experience is needed. Kids who have never played before are not at a significant disadvantage and catch up fairly quickly. Our coaches are qualified, dedicated and focused on ensuring each child has a positive rugby experience.

# Contact (tackle) rugby

Pulling from the house league teams will be the contact/tackle teams for u11 and u13. If your child is uncertain if they want to play contact (tackle) rugby from the start of the season then just register them for the House League flag rugby in the first instance. They can watch a few tackle practices as the season progresses and if they want to play contact rugby we can do a registration upgrade to cover the

additional field and insurance costs which are approximately \$100. If they are happy playing flag rugby only it will have no impact whatsoever on their long term rugby career!

Both the u11 and u13 tackle teams practice and play games from the beginning of May until the end of July. We structure 45 minute rep team practices after house league play from May 1 to June 30 and will continue Tuesday and Thursday evenings 6pm to 7.30pm until the end of July at which time our season ends.

Players registering for the contact teams will be expected to show a greater level of commitment to attend practices and games to ensure they learn the game play and structures required as our tackle teams are playing more competitive games

## WHAT DO THE FEES COVER?

- Approximately \$25 paid to Rugby Ontario membership and player insurance
- Approximately \$30 paid to Rugby Canada membership and player insurance
- Remainder of fees:
  - Players kit: Jaguars jersey, house league shirt, shorts, socks
  - Every registrant receives a rugby ball and flags as part of their fee
  - Field rental and associated costs (City of Barrie)
  - Team equipment: pinnies, pylons, bags, etc
  - Referees for house league play and festivals
  - Nominal fee for use of online registration tool

### PRACTICE AND PLAYING TIMES

- Tuesday and Thursdays, 6:00pm 7.30pm (1.5 hours per practice)
- The U7, U9, U11 and U13 all practice at Barrie Sports Complex in the same location. This is logistical nirvana for a family with multiple siblings.
- The Barrie Sports Complex is located close to Midhurst
- Each session is divided into approximately 45 minutes of skill development and 45 minutes of house league play

The setting for our practices is a huge attraction for parents. Beautiful fields surrounded by forest. Parents pull up their deck chairs and just sit and relax in the evening sunshine while their kids get a healthy dose of outdoor exercise.

#### **FESTIVAL FORMATS**

U7 and u9 flag teams and u11 contact teams compete in rugby 'festivals' throughout the summer on select weekends. Unlike typical sport tournaments, rugby festivals:

- Have 3 games maximum; no playoffs or championship games on top of this
- Take place on a Saturday or Sunday morning (typically 8am 9am start; 12pm 1pm finish)
- 7 on 7 format

• Games are 30 minutes in length (15 minute halves, 5 minute halftime)

Participation in the festivals is not mandatory for the players as summer can be a busy time. We do however encourage the kids take part in as many festivals as possible as the live game situations really improves their experience and rugby skills they are learning during the week.

A list of festivals the club is attending will be posted on the club website or emailed to all parents prior to the season starting. Festivals are held on weekends between the beginning of June and the end of July.

We ask that the parents/guardians email or call their coach before Thursday's practice with their availability for that weekend's festival so that the coach can set his or her roster accordingly. If enough players are attending then we will enter multiple teams to ensure lots of playing time for each player.

U7, U19 & U11's generally attend the same festivals as this promotes a greater sense of club friendship building and for parents of children belonging to 2 or more teams to be with their children on the festival day.

U13 teams do not attend festivals but the tackle teams play against other clubs on Sunday mornings from the beginning of June until the end of July.

Carpooling/shared travelling is usually arranged at Thursday's practice. We do not need to stay overnight as these are only half day festivals.

# **OUR COACHES**

An email contact for each age grade head coach is available on the relevant page off our website.

PLEASE DO NOT HESITATE TO CONTACT ANY OF THE COACHES DIRECTLY IF YOU HAVE ANY QUESTIONS, WHATEVER THE MAGNITUDE. THEY ARE THERE TO HELP AND PROVIDE INFORMATION.

# MY CHILD ALREADY DOES BASEBALL/SOCCER/LACROSSE AND ONE NIGHT CONFLICTS.

If you want to give rugby a go and your child can only make one night of practice a week because there is a conflict with another sport that is absolutely fine. It will not be to their detriment. If you put them in rugby and they really enjoy the game then next year they will want to come both nights and make that decision themselves. Any kid under 14 should be encouraged to try a range of sports and not specialise in one or be limited to a few. All of our coaches and most of our parents have their children in multiple sports to expose them to the various options available. Variety is healthy for the kids and promotes physical literacy that helps them in most activities.

## MY CHILD HAS NEVER PLAYED RUGBY AND IS 9/10/11/12. ARE THEY TOO OLD TO START THE GAME?

Unfortunately, we live in a world where children are made to feel if they don't specialise in a particular sport early on then they won't be able to compete at other sports. The highly technical nature of hockey which dominates the youth sports landscape exacerbates this thought process. The average kid in Canada first plays rugby at age 14 so that is the entry point for most participants in the game. Technically, rugby is a far simpler game to learn and is defined as a late specialisation sport. Being able to run is the core skill which of course kids don't have to learn. If your child likes to run they will learn and adapt quickly.

# ADDITIONAL INFORMATION

- Inclement weather policy: The City of Barrie makes the decision as to whether the fields are
  playable on each day when weather is poor; parents can call this hotline <u>705.739-4215</u> to find
  out if the rugby practice is cancelled or not.
- No practice or game will occur if active lightening is present, practice will be stopped early if this happens during practice
- Parents can also check *www. barrierugbyclub.com* or call their coach
- You should probably buy your child a light pair of cleats (soccer cleats are fine). They don't have to use them but they do help with grip when changing direction at speed.
- As part of the registration fee they will be provided with house league shirt and shorts which they will need to wear every Thursday;
- The registration fee also includes a rugby ball and flag belt. Please write your childs name on this.
- Make sure your child brings cold water to practice, we run **<u>alot</u>** so they need it.